

MU IOTA

The Dayton Chapter of Delta Kappa Gamma



Happy New Year! I hope you have had a great start to 2023 so far. Instead of making new year's resolutions this year, as so many of us have done, I challenge you to try these alternative methods.

- Make a 2023 bucket list - Think about what kind of experiences you want your family to have, and write them down.
- Create a monthly challenge - Think of a small challenge you would like to focus on. It could be in your personal life, or your professional one. Make your challenge attainable in the month's time.
- Try gratitude exercises - Writing in a gratitude journal nightly is helpful for feeling more energized and getting a better night's sleep.
- Have a word/mantra of the week/month/year that defines your focus - Write it down and put it in a place where you will see it each morning. Think of this during the day when you start to lose focus.

I look forward to seeing everyone on Monday, Jan. 9 at the Student Services Center at 5:15. We will have our normal snack, then prepare the room for our New Teacher Celebration for the following day. *Leanne*

EXECUTIVE OFFICERS

- President - Leanne Strickland
- First Vice President - Pam Huggins
- Second Vice President - Alicia Wood
- Corresponding Secretary - Nikki Lovell
- Treasurer - Laura Ressler
- Parliamentarian - Trina Gore
- Recording Secretary -

22/23 MEETING DATES

- Monthly meetings are at the Administration Building, unless otherwise noted.
- September 12th
 - October 10th
 - November 14th
 - December 12th - Dr. Johnson's House
 - January 9th - Student Service Center
 - February 13th
 - March 6th (Monday before Spring Break)
 - April 3rd (First Monday of the month)

MU IOTA LINKS

- Local** - <https://muiotatexas.weebly.com/>
- State** - <https://dkgtexas.org/>
- International** - <https://dkg.org/>

HAPPY BIRTHDAY

JANUARY

- Jamie Hargrave** - 1/7
- Callie Evitts** - 1/15
- Sandra Voytek** - 1/16

BIG NEWS!

- Nominating members - As you look around at your colleagues, please start thinking about potential nominees for Mu Iota membership. Do they present themselves in a positive, professional manner? Do you think she would be an asset to Mu Iota? We will be taking nominations for new membership in January and February. We will extend invitations to these nominees to attend our meeting in March.
- Good news! We will be accepting 4 members from a nearby DKG chapter that has dissolved. I'm looking forward to meeting these new members soon!
- Sweet treats for Tuesday, Feb. 21 board meeting. Traditionally, Mu Iota has sent some sweet treats to the board members for School Board Appreciation Month. If you would like to volunteer to make some yummy treats, please e-mail Leanne Strickland. There are 7 board members.

GOOD NEWS!

Leanne Strickland and **Laura Ressler** enjoyed a getaway for the new year with our families in Fredericksburg, Tx. We had fun shopping, shooting at the gun range, playing golf, riding on the Kabota, and lots of family time!



Nikki Lovell's daughter Jordyn wrapped up her first year on the barrel racing circuit with some big wins and made lots of memories. Jordyn added to her race team at the end of the year and now has two talented horses to help take her to the next level of competition. She has met some amazing cowgirls along her journey and hopes one day to be a role model for young cowgirls just like her. Her family is very excited to watch her grow and support her in this passion.

Go Get'em Cowgirl!

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[Here](#) is the link again if you still need to sign up for a food item or work time.

YOU ARE CORDIALLY INVITED TO THE

DISD
Mid Year
Celebration

For First Year Teachers
and their Mentors

TUESDAY, JANUARY 10, 2022

3:15 - 4:00 SECONDARY TEACHERS AND STAFF

4:15 - 5:00 ELEMENTARY TEACHERS AND STAFF

AT THE DISD SUPPORT SERVICE CENTER

702 SOUTH CLEVELAND

DAYTON, TX 77535

HOSTED BY THE MU IOTA CHAPTER OF DELTA KAPPA GAMMA